



## Sermon Notes

### 1Peter 1:13-21 "Wholeness of Mind"

God is holy means that He has no rivals or imperfections in all of His attributes. Holiness is giving your life wholly to God...mind (head), emotions (heart) & will (hands). To the degree I am captivated by God's holiness is to the degree I'll be wholly God's.

- 1) The Christian Faith is historical, factual & evidential.** Vv10-12, 13; 2Pet1:16
- 2) The Christian Faith is truth entering the head (intellect), igniting the heart (emotions), & outworking through the hands (will).** 1Pet1:22-25; Rom6:17
- 3) The Foundation of Christian Faith is Biblical Thinking about the Object of our Faith (Christ Jesus).** vv18-19; Matt14:22-33; Matt6:25-34
- 4) You can't grow in holiness (wholeness) unless you let God take over your thinking (Biblical world view).** Vv13, 14, 18; Rom12:2; Eph4:22-24
- 5) Negative patterns of thought (strongholds), burned into our minds either through repetition over time or through traumatic experiences, must be destroyed & detained.** V13; 2Corinthians 10:3-5; Phil4:8
- 6) Beholding the Glory of Christ we become Whole & Praising Christ in all Circumstances is the Epitome of Mental Health.** Matt22:37; John1:14, 16; 2Cor3:18; Eph5:20; 1Thess5:18

## Growing Notes

- 1) God's holiness is His incomparable transcendent perfection having no rivals & no imperfections in all of His attributes. What kind of thoughts and feelings does that definition of God's holiness stir-up within you? Holiness is giving your life wholly to God...mind (head), emotions (heart) & will (hands). How does this go much deeper than keeping a bunch of rules?**
- 2) Read 1Peter 1:13-21. What stands out to you from this text? Why is it important to know that the Christian faith is historical, factual & evidential (v13; 1Pet1:10-12; 2Pet1:16)? What does it mean to "prepare your minds for action and be sober minded" (v13) and how does that relate to a Biblical world view (seeing & responding to life from God's perspective)?**
- 3) The Christian Faith is truth entering the head (intellect), igniting the heart (emotions), & outworking through the hands (will). How does 1Peter 1:22-25 relate? How does a true worship experience involve all three (intellect/emotions/will)? If the foundation of Christian Faith is Biblical thinking about the object of our Faith (Christ) then people lose faith when they stop looking at the evidence and start listening to their fears (Matt14:22-33). Explain.**
- 4) Why do you think you can't grow in holiness (wholeness) unless you let God take over your thinking (Rom12:2; Eph4:22-24)? What should we do with negative patterns of thought (strongholds) that have been burned into our minds either through repetition over time or through traumatic experiences (2Cor10:3-5)? What does it mean to behold the glory of God & what are the results (John1:14, 16; 2Cor3:18)? Why is praising Christ in all circumstances the epitome of mental health (Eph5:20; 1Thess5:18)? Pray.**