

Crazy Busy

Going from burnout to balance

Sunday, January 12, 2014

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desert breeze
community church



Sermon Notes

“Self-a-holism”

A crazy busy lifestyle will rob you of intimacy with God & a life without intimacy with God will drive you into a crazy busy lifestyle.

Philippians 2:1-11

What’s Our Root Problem? Pride (Self-a-holism)!

V3 “Do nothing from...” Rivalry = Gr. a desire to put one's self forward.

Conceit = Gr. Vain glory, empty glory, Hungry for respect, glory, honor.

- Pride is a preoccupation with promoting ourselves because we are empty of glory (weight, significance and importance).

What are its Many Faces? (Pro16:18-19, 25:27, 26:12)

People-pleasing

Performance evaluation

Proving myself

Pity

Power

Position

Posturing

Pats on the back

Possessions

Preoccupied with self

Poor planning

Perfectionism

Prestige

Posting

What is the Solution? Humility

- True humility is not thinking less of yourself, but it is thinking of yourself less. It is a blessed self-forgetfulness. Vv4-5 (Rom15:2-3, Matt11:29)
- Humility is not found by direct pursuit but is the by-product of seeing and being seized by the Glory of Jesus Christ. vv6-11 (2Cor3:18, 4:4-6; Heb1:3) Incarnation vv6-7, Atonement v8, and Exaltation vv9-11
- Jesus Christ (2nd Person of Triune God) emptied Himself not of His deity but of His Glory so that you might be full (weight, significance, importance). V7 But made Himself nothing = Gr. to empty, to make empty. (2Cor8:9) I have fullness in Jesus Christ through His encouragement, comfort from love, participation in the Spirit, affection and sympathy & so, I can empty myself (Humility) for others fullness in Christ. v1 (2Cor13:14)

Growing Notes

1) “Our hearts will forever be restless until we find our rest in God.” - (St. Augustine) How does a Crazy Busy lifestyle reveal our failure to find our rest in God? A Crazy Busy lifestyle will rob us of intimacy with God and a failure to have intimacy with God will drive us to a Crazy Busy lifestyle. Explain.

2) Read Philippians 2:1-11. What’s our root problem with a crazy busy lifestyle? How does that relate to “rivalry” and “conceit” (v3)? How would you define pride? What is the difference between working for your identity (for your glory) vs. working from your identity (the glory of God)?

3) What do these verses teach us about pride (Pro16:18-19, 25:27, 26:12)? Review the list of the many faces of pride. Which one(s) most resonate with you? Explain. What is the solution to our pride induced crazy busy lifestyle? What is humility?

4) This is an amazingly famous & magnificent passage about who Christ is and what He has done (vv5-11). Why would Paul do this in the middle of this very practical teaching on pride? Humility is not found by direct pursuit but is the by-product of what (2Cor3:18, 4:4-6; Heb1:3)? How did Jesus’ emptying of Himself bring to us fullness (2Cor8:9)? How should having fullness in Jesus Christ through His encouragement, comfort from love, participation in the Spirit, affection and sympathy (v1) help us to be less crazy busy? Pray that your fullness in Christ will bring you greater balance.