



Teaching Notes: Daren Dirksen
September 1, 2013

Soul Rx

desert breeze community church

Psalm 130

HOPE

Our psalm today is called a "song of ascent" or a "pilgrim song". These songs (Ps. 120-135) were sung together with the people of God as they journeyed to Jerusalem, to take part in the Jewish feasts. Each Psalm has a theme. Psalm 130 is about Hope (waiting). In this song, the psalmist goes from the depths of despair to the mountain of hope in eight verses. It is such a glorious journey for the psalmist that he invites you along with him.

vs 1-3 The need for Hope (Ex. 3:13-15, 34:6-7)

- Our struggle, especially when it comes to appreciating a psalm like this is that we don't have an awareness of our sin.

vs 3-6 The source of Hope (Prov. 16:6, Lev. 16, Heb. 13:11-13)

- His presence

To have a light view of our sin is to have a light view of the Savior.

vs 7-8 The result of Hope (Ps. 51:14-15)



Growing

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- 1) Read vs. 1-3.** Can you say that you have been in the depths, when faced with your sin? In dealing with sin, some people do not see a need for forgiveness from God. Others do not really believe forgiveness can be done. Which do you tend to lean towards? Why? The psalmist makes this prayer very personal and raw. Do you want to have prayers like this? (let this psalm feed you)

- 2)** From the two different uses of the word “Lord” we see that God is both a loving, covenant God (“LORD”; Yahweh) and also a powerful and sovereign God (“Lord”; Adonai). How does knowing that God is both loving and sovereign affect the way you bring your sin to Him?

- 3) Read vs. 4-6.** What do you learn about God in these verses? What does the psalmist hope in and wait for? What is the difference between a waiting that glorifies God and a waiting that does not? What fuels this hope? Does this fuel you? why or why not?

- 4) Read vs. 7-8.** The psalmist shares his hope with others. What three reasons does he give for hope? How important is community in your life? Are these reasons given, motivating you to share and do community? How will you respond to this Psalm?