



Teaching Notes: Daren Dirksen
 July 26, 2009
Jesusology

desert breeze community church

PSALM 1
"Growl"

Psalm 1 is written as a meditation on Gods word, for those who are in a covenantal relationship with the one true God. In this Psalm we see that there are two paths; the worship of the one true living God, and the worship of idols. As the philosopher Peter Kreeft says "The opposite of Christianity is idolatry" and this would have been well understood by the Hebrew people, at the time the Psalms were written. This is still true today.

1. Two Paths

A. God centered (vs. 1-3)

➤ _____ Planted. (vs.3)

(Ps 92:12-15, Rom 8:29-32, 1Pet 1:3-4, Eph 2:1-10)

➤ _____ God. (vs.2)

(Josh 1:8, Ps.119:35, 97, 1Pet 2:2, Pro 3:5-8)

➤ _____ of idols.

B. Man centered (vs. 4-6)

➤ There is _____.

(vs. 4)(Ps 5:5)

➤ There is _____.

(vs. 5)(Ez 14:6-8)

3. 2. One Problem; _____.

(Ps 14:1-3, Rom 3:10-12, 18)

3. One Way



Growing

July 26, 2009

desert breeze community church

- 1) In Psalm 1:1 there is a progression from walk to stand to sit. How does this compare with meditation?

- 2) What can you learn about meditation from Psalm 1:2?

- 3) How is Psalm 1:3-5 an example of meditation? How is a tree like a meditating person?

- 4) What do you usually meditate on? What circumstances in your life, have sent you to meditation recently?

- 5) What will you pray today; to better help you meditate like the person of this Psalm? Ask someone to pray this for you right now.