



desert breeze community church

Teaching Notes: Ray Davis

July 13, 2008

INCREASE (More God less me)

“Confession”

Psalm 32

Why do some people keep struggling with the same problems over and over again? Is it possible to get up after I have fallen in such a way that I have more joy and power than before?

Psalm 32

WHY SHOULD I CONFESS?

Verses 1-2

➤ **Confession brings blessing.**

(Ps. 51; 1 John 1:9; Acts 3:19)

“Blessed” (Heb/Gr) = Complete wellness of being, profound fulfillment.

They are blessed because their sins are...

- ✓ **“Forgiven”** (Past) Deals with my guilt (troubled over what I’ve done).
- ✓ **“Covered”** (Present) Deals with my shame (troubled over who I am).
- ✓ **“Not counted against them”** (Future) Deals with my eternal destination (troubled over what happens when I die).

Verses 3-4

- **Silence brings turmoil.** (Gen. 3:8-19; Pro. 28:13; Luke 15:15-16, 28-31)

HOW SHOULD I CONFESS?

Verse 5

- **Distinguish between true and false guilt.**

False guilt = feelings without the fact of guilt.

True guilt = fact with or without the feelings of guilt.

Fact of guilt = Violation of God’s Word. (Ps. 19:11; 119:9, 11; 2 Tim. 3:16-17)

Verse 6

- **Don’t delay confession presuming on God’s Grace.** (Isa. 55:6; Jude 1:3-4; Titus 2:11-12)

Verse 7

- **Let God hide you in His righteousness.** (Gen. 3:20-21; 2 Cor. 5:21; Col. 3:3)

I know I’m hiding in God’s Righteousness when...

✓ I’m a safe person to confess to.

✓ I’m a safe person to criticize.

Note: Confession shouldn’t be a traumatic event but something we do everyday with joy. The more I accept who I am in Jesus Christ the easier it is to admit I’ve done something wrong.

Why is this true? I am so sinful Jesus had to die (Humility). I am so loved Jesus wanted to die (Confidence). (Rom. 3:23; 6:23; 5:8; 7:24-25)

Verses 8-10

- **Know the difference between worldly and Godly repentance.** (Ps. 25:9-10; Pro. 26:3; James 4:6-10; 2 Cor. 7:10-11)

Worldly repentance = Sorry for the pain it has caused me. (Fear/Pride)

Godly repentance = Sorry for the pain it has caused you. (Love/Humility)

WHEN IS CONFESSION COMPLETE?

Verse 11

- **When the joy of your salvation is restored.** (Ps. 51:12; Luke 7:36-50)

Isaiah 52:14; 53:3-6

Psalm 119	“Bible Study”	July 20
Psalm 95	“Worship”	July 27
Psalm 103	“Self-Talk”	August 3
Psalm 137 (Communion)	“Bitterness”	August 10

End of Summer New Teaching Series - Starting August 17th

SUFFERING

(Answering Life’s Toughest Questions)
(Six Week Survey of the Book of Job)



Growing

July 13, 2008

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1) Why do you think people keep struggling with the same problems over and over again? Do you think it is possible for a person who has fallen to get up in such a way that they have more joy and power than before? (Read Psalm 32 - David's recovery from adultery & murder)

2) Why should I confess my sins? What does it mean to be blessed? What are the blessings of confession? According to vv3-4 what happens to a person who doesn't confess their sins?

3) What is the difference between true and false guilt? What should be the standard for our true guilt? (Ps. 19:11; 119:9, 11; 2 Tim. 3:16-17) How would you respond to someone who says they know it's wrong but they are going to do it anyway and then ask God to forgive them? (Isa. 55:6; Jude 1:3-4; Titus 2:11-12)

4) What does it mean to let God hide you in His Righteousness (v7)(2 Cor. 5:21)? How does a person know that they are hiding in God's Righteousness?

5) What's the difference between worldly & godly repentance (2 Cor. 7:10-11)? Read Luke 7:36-50. What's the difference between the Pharisee and the sinful woman? Thank God for His Grace!