



Teaching Notes: Ray Davis
 March 16, 2008
What Lies Beneath?
 (Getting to the Root of my Problems)

“Repentance” (Psalm 51)

What’s wrong with the human race? Why are we so messed up? Our Problem is sin!

No matter how bad I mess up my life it can be repaired! The changes you seek, need, want are yours through repentance. The Gospel is an untapped power in your life unless released through repentance. Psalm 51 is a Psalm of repentance.

Background: King David is confronted over his committing adultery with Bathsheba and hiding that sin through murder. (2 Sam. 11-12)

Three aspects of Repentance: Confession, Cleansing & Commitment.

Verses 1-6

CONFESSION (Mind) (Rom. 2:4; 1 John 1:9; 2 Cor. 7:10-11)

- ◆ **See It.** V4 “...done what is evil in your sight.” v5 “sinful from the time my mother conceived me.” v6 “you desire truth in the inner parts...”
- ◆ **Own It.** V1 “my transgressions” v2 “my iniquity...my sin” v3 “my transgressions...my sin” v4 “I sinned”
- ◆ **Grieve It.** V4 “Against you, you only have I sinned...” v1 “unfailing love...great compassion...”

Verses 7-12

CLEANSING (Emotion) (Ps. 103:1-3, 10-14; Ps. 32:1-5)

- ◆ **Removal of Guilt & Shame.** V7 “Cleanse me...wash me...” v8 “...let the bones you have crushed rejoice.” V9 “Hide your face from my sins and blot out all my iniquity.”
 The very thing that convicts me of sin (His unfailing love & great compassion) also shows me how valuable I am. So I don’t hate myself I hate my sin.

- ◆ **Restoring of Passion for God.** V10 “Create in me a pure heart...renew a steadfast spirit...” v11 “Do not cast me from your presence...(I’m desperate for you Lord). V12 “Restore to me the joy of my salvation. (He lost the joy of his salvation when he sinned, but he sinned because he lost the joy of his salvation.)

Note: True repentance will bring freedom from guilt & shame, joy and life change.

Verses 13-19

COMMITMENT (Will) (Matt. 3:8; James 4:6; Acts 3:19)

- ◆ **Honor** vv13-15 “...teach...sing...declare your praise.”
- ◆ **Humility** v17 “...a broken and contrite heart...”
- ◆ **Hope** v18 “...make Zion prosper...” v19 “...righteous sacrifices...”

No sin is so small that it won’t be punished, and no sin so great that it can’t be forgiven if I will repent.

“The essence of sin is me substituting myself for God. The essence of salvation is God substituting Himself for me. Because I put myself only where God deserves to be, He put Himself only where I deserve to be. He paid and suffered for me!” (John Stott)

BEYOND NORMAL

(The life you were meant to live)

March 23(Easter)	“RESURRECTION!”	(Phil. 3:1-11)
March 30	“LOVE”	(1 Cor. 13:1-13)
April 6	“JOY”	(John 16:16-33)
April 13	“PEACE”	(Phil. 4:4-9)



Growing

March 16, 2008

desert breeze community church

1) We wrap up this series with the topic of Repentance. Does that word stir up positive or negative feelings in you? Explain. How do these verses portray repentance? (Rom. 2:4; 1 John 1:9; 2 Cor. 7:10-11?)

2) What is the background of Psalm 51? (2 Sam. 11-12) Read Ps. 51:1-6. What are the three aspects of confession? Why are all three a necessary part in confession? Why is all sin ultimately against God (v4)?

3) Read Ps. 51:7-12. Why is cleansing an important part in the repentance process? What does it mean that God removes our guilt and shame according to these verses? (Ps. 103:1-3, 10-14)

4) Why is restoring my passion for God an important part of cleansing from sin? What are the three aspects of commitment that David seems to be making in verses 13-19?

5) True repentance will bring freedom from guilt & shame, joy and life change. Explain. Why is it important for repentance to involve our mind, emotion and will? No matter how bad I mess up my life it can be repaired through repentance! Repent & thank God for grace.