



**Teaching Notes:** Ray Davis  
January 27, 2008  
REMEDY  
(Lasting Life Change Inside Out)

## “SUFFERING” (Romans 8:14-27)

How does this relationship with Jesus Christ lead to change?

Romans 6 Principles of Life Change.

Romans 7 Why is Life Change so difficult?

Romans 8 How to apply the principles of life change?

**Spiritual Formation Triangle:** Holy Spirit, Spiritual Disciplines, \_\_\_\_\_.

Suffering can either work for me or against me. How can I get suffering to work for me in this process of Spiritual transformation?

Verses 14-27

### EXPECT SUFFERING. WHY?

“Groaning” = Gr. Very strong word expressing the pain of someone facing death.

- ✓ **We live in a \_\_\_\_\_.** (Vv19-22) (Gen. 3:17-19) V22 “Creation has been groaning as in the pain of childbirth...”
- ✓ **We have \_\_\_\_\_.** (v23) (2 Cor. 4:16) V23 “...we ourselves...groan inwardly as we wait eagerly...the redemption of our bodies.”
- ✓ **It’s a part of \_\_\_\_\_.** (v17) (Matt.5:11-12) V17 “...we are heirs...if indeed we share in His suffering...”

(John 16:33; 1 Pet. 4:12)

### EMPLOY SUFFERING. HOW?

How to make suffering work for you and not against you?

- ✓ **Prayer**

- \_\_\_\_\_ Prayer (vv 15-16) This prayer stirs and intensifies Father God’s love and attention for us. (Ps. 34:18; 2 Cor. 1:3-5)  
*Vv 15-16 “...you received the Spirit of sonship. And by him we cry, “Abba, Father.” [16] The Spirit himself testifies with our spirit that we are God’s children.”*

- \_\_\_\_\_ Prayer (vv 26-27) God will give to me not what I want but what I need. (Matt. 7:7-11)  
*Vv 26-27 “the Spirit helps us in our weakness. We do not know what we ought to pray for...the Spirit intercedes for the saints in accordance with God’s will.”*

- ✓ \_\_\_\_\_ (v 18) (2 Cor. 4:17, 12:7-10)  
*V 18 “I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.”*

- How I experience my present suffering is completely \_\_\_\_\_ by what I believe my ultimate future is going to be.
- My ultimate future: “Everything broken will be repaired. Every good thing lost will be recovered. Everything sad will come untrue. And yet more glorious for having been broken, sad, and lost.” (Tim Keller)

- ✓ \_\_\_\_\_ (v16) (Matt. 18:19-20; Rom. 12:15; Gal. 6:2) V 16 “The Spirit himself testifies with our spirit that we are God’s children.”

(James 1:2-4; Rom. 5:3-5; Heb. 12:7-13)

**HOW CAN I KNOW THIS WORKS?** The Spirit of God \_\_\_\_\_ (V26) “the Spirit himself intercedes for us with groans that words cannot express.

How Can An Eternal, Immortal, All-powerful God Groan? God was plunged into this groaning world through \_\_\_\_\_. Because Jesus was forsaken and abandoned, \_\_\_\_\_ will be.

Jesus suffered on the Cross so one day He could put an \_\_\_\_\_ to suffering without putting an end to us. (Isa. 52:13-14, 53:1-12, 54:1; Ps. 22; Matt. 27:46)

Next Weekend: **“Security”**

Romans 8:28-39



# Growing

January 27, 2008

## desert breeze community church

**1)** Questions about suffering are as old as the first tear and as recent as the latest newscast. How big of an issue has suffering been in your life? Suffering can either work for me or against me. Explain.

**2)** Identify and explain the three sides of the Spiritual formation triangle. What role do expectations play when it comes to suffering? What should we expect in this life when it comes to suffering? (John 16:33; 1 Pet. 4:12)

**3)** In this Bible study we learned three ways to employ suffering. Which one do you struggle with the most? What are some next steps you can take to grow?

**4)** Where is God when life hurts? (Ps. 34:18; 2 Cor. 1:3-5) How important is keeping a good perspective while going through suffering? (Rom. 8:18; 2 Cor. 4:17, 12:7-10) What do the following verses have to say about how suffering works for us? (James 1:2-4; Rom. 5:3-5; Heb. 12:7-13)

**5)** What guarantee do I have that my suffering can work for me and that God will never leave me or forsake me? If you are currently going through suffering take time now for God to be a Father of compassion and a God of all comfort for you in prayer.